

	Suggested Use	Morning	Afternoon	Bedtime
Catecholamine				
■ AttenTrex	1 tablet daily for ages 4-8 years, up to 4 times daily for >18 years			
■ Balance D	1-2 capsules, 1-2 times daily			
■ Daxitrol Essential	1-3 capsules, 3 times daily			
■ Focus DL	1-2 capsules, 1-2 times daily			
NeuroAdrenal				
■ AdreCor	1-3 capsules, 1-2 times daily			
■ AdreCor with Licorice Root	1-3 capsules, 1-2 times daily			
■ AdreCor with SAME	1 capsule, 1-2 times daily			
■ Calm CP	2 capsules, 1-2 times daily			
■ Calm PRT	3-4 capsules on an empty stomach, 1-2 times daily			
■ ExcitaPlus	1-2 capsules, 1-2 times daily			
NeuroEnteric				
■ Digest DTX	1 capsule, before consuming food			
■ NeuroBiota	1 capsule, once daily			
NeuroImmune				
■ Avipaxin	1-3 capsules, 1-2 times daily			
■ Calm G	1-2 capsules, 3-4 times daily			
■ ImmuWell	1-3 capsules, 1-2 times daily			
■ Kavinace OS	2 Capsules, at bedtime			
Serotonin/GABA				
■ Alpha GABA	2-3 capsules, up to 2 times daily			
■ Alpha GABA PM	1-2 capsules, at bedtime			
■ GABA Trex	1-2 tablets, up to 3 times daily			
■ Serene	1 capsule, 1-2 times daily			
■ SeroTrex	1-2 tablets, up to 2 times daily			
■ TravaCor	1-3 capsules, 1-2 times daily			
■ TravaGen	1-3 capsules, 1-2 times daily			

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Ask your healthcare provider for more information about these products.