NeuroScience®

AdreCor

Contains non-glandular ingredients important for adrenal health and reducing stress-related fatigue*

Item Number	Available Sizes	Serving Size
2096	90 Capsules	3 Capsules
2044	180 Capsules	

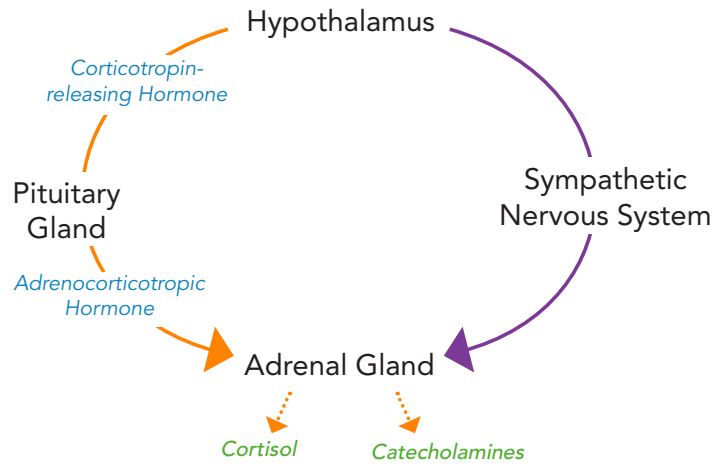
Key Ingredients

L-methionine	■ Precursor to S-adenosylmethionine (SAMe)[1] ■ SAMe is directly involved in **methylation** processes including catecholamine synthesis[2]
L-tyrosine	■ **Precursor to catecholamines** including dopamine, norepinephrine, and epinephrine
L-histidine	■ Precursor to histamine ■ In the central nervous system, histamine plays an important role in the release of pituitary hormones and **wakefulness**[3]
Rhodiola rosea root extract (5% rosavins)	■ Adaptogen that has been shown to **reduce stress-induced effects**[4,5]*
Green tea leaf extract (*Camellia sinensis*) (65% EGCG)	■ Epigallocatechin gallate (EGCG) is a polyphenol in green tea that provides **antioxidant protection** by its ability to scavenge free radicals and metal ions[6]* ■ EGCG has been shown to **increase resistance to fatigue** in vivo[7]*
Vitamins B and C	■ **Active forms** of pantothenic acid, niacin, B6, folate, B12, and C are important for the synthesis of adrenal hormones and neurotransmitters[8-12]*

The Science

- In response to **stress**, the sympathetic nervous system (SNS) and hypothalamic-pituitary-adrenal (HPA) axis signal to the adrenals to release catecholamines (norepinephrine and epinephrine) and cortisol[13]
- **Prolonged stress** is associated with dysregulation of the HPA axis, which can affect catecholamine and cortisol levels[14]

NeuroAdrenal Response



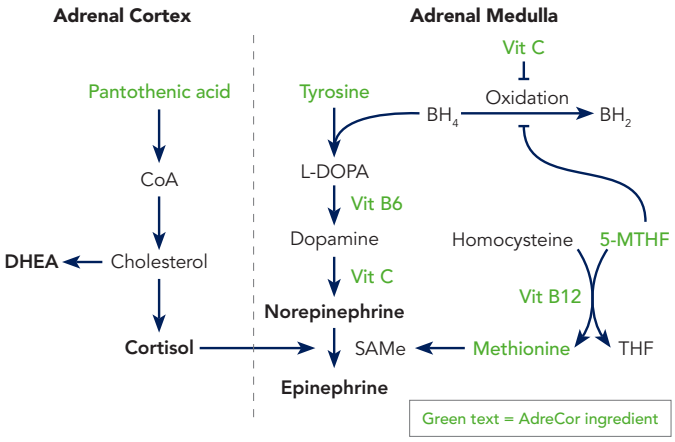
Green = Biomarker *Blue = Hormone*

Orange = Hypothalamic-Pituitary-Adrenal (HPA) axis *Purple = Sympathomedullary Pathway*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MORE SCIENCE BEHIND ADRECOR

Figure 1. Adrenal Hormones and Neurotransmitters



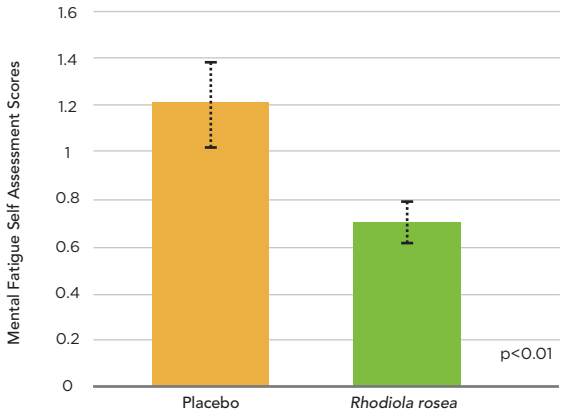
AdreCor and adrenal health

Contains amino acids and vitamins important for the synthesis of adrenal hormones and neurotransmitters*

- 5-MTHF and vitamin B12 are important for methylation processes including the synthesis of catecholamines[11,15]*
- Niacin, vitamin C, and 5-MTHF help protect and regenerate tetrahydrobiopterin (BH_4) from oxidation[9-11]*
- Pantothenic acid is the precursor to coenzyme A (CoA), a coenzyme important for the energy production and hormone synthesis[8]*
- Cortisol induces the conversion of norepinephrine to epinephrine[16]

Catecholamines play an important role in mood, energy, memory, attention and cognition[16-19]

Figure 2. *Rhodiola rosea* Improves Mental Fatigue[5]*



Catecholamines, stress, and fatigue

Catecholamines are involved in the central and peripheral stress responses[15]

- The locus coeruleus is the primary source of norepinephrine in the brain and is involved in the initiation of the central stress response[16]
- Depletion in catecholamines has been associated with fatigue and decreased vigor[18]

AdreCor contains ingredients important for reducing stress-related fatigue and increasing norepinephrine*

- Research shows ***Rhodiola rosea* was shown to improve mental fatigue and general well-being under stress** (Figure 2.)[5]*
- A data analysis demonstrated an **increase in norepinephrine** following the use of AdreCor ($p<0.0001$)[21]*

NeuroScience®

Concerned about mood?

Learn more about TravaCor at
www.neuroscienceinc.com/products/travacor

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‡ Magnafolate is a registered trademark of Lianyungang Jinkang Pharmaceutical Technology Co., Ltd.

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